

**Manual under  
Right to Information Act, 2005  
(Updated up to 15.06.2021)**

**NATIONAL INSTITUTE OF NATUROPATHY,**  
**(Ministry of AYUSH, Govt. of India)**

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## INDEX

<b>Sr. No. No.</b>	<b>Manual Item</b>	<b>Page</b>
1. Manual 1	(Particulars of organization, functions and duties)	3
2. Manual 2	(Powers and duties of Officers and employees)	8
3. Manual 3	(Procedure followed in decision-making process)	9
4. Manual 4	(Norms set for discharge of functions)	10
5. Manual 5	(Rules, Regulations, Instructions, manuals and records for discharging functions)	11
6. Manual 6	(A statement of documents that are held by it for under its control)	12
7. Manual 7	(Particulars of any arrangement that exists for consideration with or representation by the public in relation to the formulation of its policy of implementation)	13
8. Manual 8	(A statement of boards, council, committees and other bodies constituted)	14
9. Manual 9	(Directory of Officers and employees)	15
10. Manual 10	(The monthly remuneration received by each of the Officers and employees)	16
11. Manual 11	(The budget allocated to each agency)	18
12. Manual 12	(The manner of execution of subsidy program)	20
13. Manual 13		21

(Particulars of concessions, permits or authorizations granted)

14. Manual 14 22

(Information available in an electronic form)

15. Manual 15 23

(Particulars of facilities available to citizens for obtaining information)

16. Manual 16 24

(Name and designation and other particulars of Public Information Officers)

## **Manual 1**

Particulars of organization, functions and duties

{(Section 4 (1) (b) (i)}

### **1. PARTICULARS OF THE ORGANIZATION & BACKGROUND**

**INTRODUCTION:** National Institute of Naturopathy (NIN), Pune, is registered under the Societies Registration Act. 1860 and came into existence on 22-12-1986 with the aims & objectives to propagate & promote Naturopathy & Yoga, to provide treatment facilities for all kinds of diseases through Naturopathy & Yoga, to conduct research & training and to be a living Memorial of Mahatma Gandhi. This institute has a “Governing Body” headed by the Hon’ble Minister of AYUSH, Govt. of India as its President. National Institute of Naturopathy (NIN) is located in a historical building called “Bapu Bhavan” which is situated at Matoshree Ramabai Ambedkar Road, Pune. “Bapu Bhavan” is named after Mahatma Gandhi, Father of the Nation, who 12 times and stayed here for 157 days and made this institution his home, whenever he was in Pune, till the year 1944. Formerly this place was known as “Nature Cure Clinic and Sanatorium” which was run by late Dadaji Dr. Dinshaw K. Mehta. The All India Nature Cure Foundation Trust was established in this Centre by Dadaji Dr. Dinshaw K. Mehta. Mahatma Gandhi became its life long Chairman. Gandhiji conducted Naturopathy experiments and organized National and International activities while staying here. The present complex was handed over to Govt. of India on 17-03-1975 by Dr. Dinshaw K. Mehta for starting the National Institute of Naturopathy.

### **2. VISION / MISSION**

**Vision :-**

Health Naturally for all.

**Mission :-**

Make Naturopathy and Yoga accessible to all. Provide quality of service by imparting Education and Training in the field of Naturopathy and Yoga.

**Objectives:**

- To conduct, provide, facilitate and encourage research in all aspects concerning human health and in all fields of Naturopathy,
- To impart and provide facilities for encouraging training in all fields of Naturopathy and / or combination therapy,
- To provide and encourage facilities for all kinds of treatments in all fields of Naturopathy and / or Combination Therapy,
- To provide and encourage facilities for standardization and propagation of the existing knowledge and its application,
- To establish a living Memorial to Mahatma Gandhi, the Father of the Nation,
- To preserve in the said 'Nature Cure Clinic and Sanatorium at Bapu Bhavan, Pune, with due sanctity, all the structures, articles, things and equipment associated with and / or personally used by Mahatma Gandhi,
- In general, to fulfil the objects of establishment of a Nature Cure University.

**3. DETAILS OF MULTIFACTED SERVICES RENDERED:**

**I) FREE CONSULTATION**

MORNING 7 TO NIGHT 9: 14 HOURS DAILY BY QUALIFIED NATUROPATHS, B.N.Y.S. GRADUATES.

**II) MODERN NATUROPATHY CLINIC**

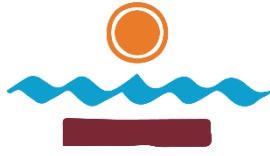
7 AM to 9 PM; 14 Hours Daily

**Chronic & Allergic Diseases Treated:**

High/Low Blood Pressure, Over/ Under Weight, Diabetes, Arthritis, Spondylosis, Digestive Disorders, Skin Diseases, Nervous Debility, Constipation, Ulcers, Bronchitis, Sinusitis, Tonsillitis, Insomnia, Amoebiasis, Asthma, Pimples, Epilepsy, Thyroid Diseases, Paralysis, Migraine, Heart Diseases etc.

**Modern Equipments and Techniques:**

Enema, Hip bath, Spinal bath, Spinal Spray, Mud Packs, Steam Bath, Sauna Bath, Scientific Massage, Foot & Arm Bath, Chromo Bath, Mud Bath, Immersion Bath, Under Water Pressure Massage, Water Pressure Jet Massage, Wall Mounted Jet Spray, Asthma Bath, Magneto Therapy, Acupressure etc. [More...>](#)



राष्ट्रीय प्राकृतिक चिकित्सा संस्थान, पुणे.  
NATIONAL INSTITUTE OF NATUROPATHY, PUNE 1

**List of Naturopathy treatments offered at the NIN OPD**

Revised treatment charges W.E.F. 01<sup>st</sup> November 2020

परामर्श शुल्क / Consultation fee: Rs. 100/- valid for 3 months

S. No	उपचार	TREATMENTS	Rs./-
1.	पट्टी (प्रत्येक)	LOCAL PACKS (EACH)	20
2.	स्थानिक जल पट्टी	LOCAL COMPRESSES	20
3.	पट्टी के साथ सेंक	FOMENTATION WITH PACK	20
4.	राई का लेप	MUSTARD PACK	40
5.	एप्सम लवन पट्टी	EPSOM SALT PACK	40
6.	संपूर्ण गीली पट्टी	FULL WET SHEET PACK	70
7.	जी.एच पट्टी	G.H. PACK	40
8.	गुर्दे की पट्टी	KIDNEY PACK	40
9.	गर्म ठंडा लपेट	CONTRAST PACKS (ALTERNATE/SIMULTANEOUS)	40
10.	स्थानिक फुहार	LOCAL DOUCHES	70
11.	एनिमा	ENEMA	30
12.	नीम एनिमा	NEEM ENEMA	40
13.	ठंडा रीढ़ स्नान	COLD SPINAL BATH	30
14.	ठंडा कटी स्नान	COLD HIP BATH	30
15.	ठंडा पाद स्नान	COLD FOOT BATH	30
16.	चेहरे का वाष्प स्नान	FACIAL STEAM	30
17.	स्थानिक वाष्प स्नान	LOCAL STEAM	50
18.	वाष्प स्नान	STEAM BATH	100
19.	ठंडा अर्ध स्नान	COLD HALF BATH	60
20.	ठंडा निमज्जन स्नान	COLD IMMERSION BATH	120
21.	गुनगुना/गर्म रीढ़ स्नान	NEUTRAL/HOT SPINAL BATH	70
22.	गुनगुना/गर्म कटि स्नान	NEUTRAL/HOT HIP BATH	70
23.	हाथ तथा पाँव का गर्म स्नान	HOT FOOT AND ARM BATH	70
24.	रीढ़ फुहार	SPINAL SPRAY (COLD/NEUTRAL/HOT)	120

S. No	उपचार	TREATMENTS	Rs./-
25.	गर्म ठंडा कटि स्नान	ALTERNATE HIP BATH	70
26.	स्पंज स्नान	SPONGE BATH	70
27.	गर्म ठंडा स्नान	CONTRAST BATHS	70
28.	एप्सम सॉल्ट के साथ निमज्जन स्नान	IMMERSION BATH WITH EPSOM SALT (COLD/NEUTRAL/HOT)	150
29.	सर्वांग मिट्टी स्नान	FULL MUD BATH	150
30.	आंशिक निमज्जन स्नान	GRADUATED IMMERSION BATH	150
31.	दमा स्नान	ASTHMA BATH	150
32.	सौना स्नान	SAUNA BATH	200
33.	बर्फ से स्थानिक मालिश	LOCAL ICE MASSAGE	40
34.	कंपन मालिश (आंशिक)	VIBRO MASSAGE – PARTIAL	100
35.	मालिश (स्थानिक)	MASSAGE (LOCAL)	100
36.	अंतर्जल मालिश	UNDER WATER MASSAGE	350
37.	बच्चों की मालिश	KIDS MASSAGE (UPTO 12 YRS.)	500
38.	पुर्णांग मालिश	FULL BODY MASSAGE	1000
39.	धार फुहार मालिश	JET SHOWER MASSAGE	200
40.	पांव मालिश	FOOT MASSAGE	100
41.	एक्यूप्रेशर	ACUPRESSURE	30
42.	एक्यूपंचर	TCM ACUPUNCTURE	200
43.	केले के पत्तों से स्नान	PLANTAIN LEAF BATH	300
44.	रंग चिकित्सा- सूर्य स्नान	CHROMOTHERAPY-SUN BATH	150
45.	चुंबकीय चिकित्सा	MAGNETIC TREATMENT	100
46.	मिट्टी पट्टी ( पेट तथा आँखों पर)	MUD PACK TO ABD & EYES	30
47.	चेहरे का मिट्टी लेप	FACIAL MUD	30
48.	मिट्टी लेप (स्थानिक)	LOCAL MUD APPLICATION	50
49.	रेत सेक	SAND FOMENTATION	40
50.	अवरक्त किरणे	INFRARED	40
51.	पेशी विद्युत चिकित्सा	MUSCLE STIMULATOR	50
52.	मोम चिकित्सा	WAX THERAPY	50
53.	आई. एफ.टी/ अल्ट्रा साउंड	IFT/ ULTRA SOUND	70
54.	ट्रैक्शन	TRACTION	300
55.	योग परामर्श और चिकित्सा	YOGA COUNSELING & THERAPY	500
56.	दिन देखभाल (8-5 बजे तक)	DAY CARE (8 am to 5pm)	500
57.	ईअर इंफ्लेशन	EAR INSUFFLATION	50
58.	रेक्टल इंफ्लेशन	RECTAL INSUFFLATION	100
59.	वहजायनल इंफ्लेशन	VAGINAL INSUFFLATION	100

S. No	उपचार	TREATMENTS	Rs./-
60.	फ़नलिंग	FUNNELING	150
61.	बोटो	BOTO	50
62.	कॅपिंग	CAPPING	150
63.	ओजोन स्टीम	OZONE STEAM	200
64.	ओजोन युक्त जल	OZONIZED WATER	20
65.	वेक्यूम मसाज	VACCUM MASSAGE	200
66.	बॉडी बैग	BODY BAG	100
67.	पेरी आर्टिक्युलर इन्जेक्शन	PERI ARTICULAR INJECTION	150
68.	पॅरा स्पाईनल इन्जेक्शन	PARA SPINAL INJECTION	150
69.	इंट्रामस्क्युलर इन्जेक्शन	INTRA MUSCULAR INJECTION	150
70.	अंतस्त्वचा इन्जेक्शन	SUB CUTANEOUS INJECTION	150
71.	इंट्राआरटिक्युलर इन्जेक्शन	INTRA ARTICULAR INJECTION	150
72.	मायनर ऑटो हिमोथेरेपी	MINOR AUTO HEMOTHERAPY	150
73.	शरीर का विश्लेषण	BODY ANALYSER	100

### Package Treatments:

S.No	उपचार	TREATMENT	Fee (Rs.)	Days of Treatment	Delay Allowed
1.	साप्ताहिक नेचुरोपैथी उपचार शुल्क	NATUROPATHY TREATMENT WEEKLY PACKAGE CHARGES	750/-	6	2 days
2.	मासिक नेचुरोपैथी उपचार शुल्क	NATUROPATHY TREATMENT MONTHLY PACKAGE CHARGES	2,500/-	25	8 days
3.	साप्ताहिक एक्यूपंचर पैकेज	ACUPUNTURE WEEKLY PACKAGE	750/-	5	2 days
4.	साप्ताहिक योग चिकित्सा पैकेज	YOGA THERAPY WEEKLY PACKAGE	300/-	6	2 days
5.	साप्ताहिक भौतिक चिकित्सा शुल्क	PHYSIOTHERAPY WEEKLY PACKAGE	500/-	6	2 days
6.	साप्ताहिक योग पैकेज	GENERAL YOGA MONTHLY PACKAGE	500/-	One month	-
7.	माइंड बॉडी मेडिसिन	MIND BODY MEDICINE	1,000/-	2 sessions	30 days
8.	मेडी जिम-अर्थो / कार्डियक / मेटाबोलिक डिसऑर्डर / पेरी-मनोपॉजल पैकेज	*MEDI GYM- ORTHO/CARDIAC/METABOLIC DISORDER/ PERI-MENOPAUSAL PACKAGE	6,000/-	18	12 days

\*Includes Naturopathy Treatment

## PACKAGE CHARGES FOR CGHS BENEFICIARIES

(With Minimum three procedures)

S.No	उपचार	TREATMENT	Fee (Rs.)	Days of Treatment	Delay Allowed
1.	दैनिक नेचुरोपैथी उपचार शुल्क	NATUROPATHY TREATMENT DAILY PACKAGE CHARGES	750/-	1	-
2.	साप्ताहिक नेचुरोपैथी उपचार शुल्क*	NATUROPATHY TREATMENT WEEKLY PACKAGE CHARGES*	3500	6	2 days
3.	दो साप्ताहिक नेचुरोपैथी उपचार शुल्क*	NATUROPATHY TREATMENT TWO WEEKS PACKAGE CHARGES*	6000	12	4 days
4.	तीन साप्ताहिक नेचुरोपैथी उपचार शुल्क*	NATUROPATHY TREATMENT THREE WEEKS PACKAGE CHARGES*	9000	18	6 days

\*One Full body massage per week is permitted under weekly packages if found essential

### NOTE:

1. The above charges are subsidized 1/3rd charges for Indian citizens only. Foreigners will be charged at actual i.e. 3 times more, except massage. Massage will be @ Rs. 2000/- only.
2. Students from any colleges- 20% discount on submission of ID card.
3. Physical handicapped — 20% discount on submission of Certificate.
4. 20% discount on Rejuvenating massage for the people undergoing Nature cure, Yoga, Acupuncture, Ozone and gym package in the same month.
5. Freedom Fighters — free treatment.
6. Poor/Needy are given concession / free on submission of BPL Certificate
7. Duration of treatment about 1 ½ hrs. everyday.

Sd/-

) October 2020<sup>th</sup> Date: 16 प्रो. डॉ. (के. सत्य लक्ष्मी) (Prof.(Dr) K. Satya

Lakshmi)

निदेशक/ Director

About 200-300 Patients are Undergoing Treatments Daily at NIN.



**(i) Modern Naturopathy OPD/IPD Clinic:** The Institute is providing free OPD consultation and provide treatments at a nominal fee of Rs.500/- per week for various diseases. People with low socio economic status are treated at concessional rate or free of charge. NIN started 10 Bedded (5M/5F) IPD day care facility within the campus of the Institute.

**(ii) Yoga Classes:** Eight yoga classes are conducted every day in the premises of this Institute. **Therapeutic Yoga Section:** NIN conduct Therapeutic Yoga Section and this new facility at NIN offeres Therapeutic (one to one) Yoga to the deserving patients.

**(iii) Monthly (Hindi/English) Magazine 'NISARGOPACHAR Varta':** NIN publishes a bilingual monthly magazine in Hindi and English "Nisargopachar Varta". Articles on naturopathy, yoga, healthy food, longevity, natural way of living, prevention and cure of diseases, by eminent authors are published, which enhances the reader's knowledge to have health self-sufficiency as advocated by Mahatma Gandhi. All the regular subscribers receive the magazine every month and eminent persons of Govt. offices are provided with complimentary copies.

**(iv) Health Shop:** The Health Food items, Health products, Treatment equipment and Naturopathy & Yoga Books were sold through NIN health shop.

**(v) Library:** NIN's Library offers home lending as well as reading room facility for the public. There are more than 9300 books, magazines, journals and bulletins in the library on Naturopathy, Yoga and other health related subjects. Students, faculty and general public and Researchers from other institutes utilize academic section of the library.

**(vi) House Surgeoncy:** Internees with Bachelor in Naturopathy and Yogic Science(BNYS) graduates of different Naturopathy colleges are given rotatory internship training under this programme. The stipend paid to each Internee @ Rs.8000/- per month.

**(vii) One Year Naturopathy Treatment Assistant Training Course(TATC):** The Course commence every year w.e.f. 1<sup>st</sup> July. The stipend @ Rs. 5,000/- per month per student was paid. Annual Admission capacity was of 80 (40 Female/40 Male) students.

**(viii) Monthly Workshop:** The Institute conducted "one day workshop" on various Health regiment/ diseases, on last Saturday of every month. A registration fee of Rs.70/- was charged from the participants. Naturopathic Lunch and Juices, Copies of magazine 'Nisargopachar Varta' and treatment equipment "Enema Can" to the needy, were distributed free of cost.

**(ix) Monthly Workshop in Regional Languages:** Monthly workshops were conducted in various regional languages like Marathi, Telugu, Gujarati, Tamil,

Malayalam, Kannada, Odiya, Bengali and Sindhi on every quarter on "Human Health and Life Style". Copies of Nisargopachar Varta and treatment equipment "Enema Can" to the needy, were also distributed free of cost. About 100 persons participate in each workshop. It is a one-full day workshop where participants are given orientation on health awareness, Naturopathy and Yoga principles. They are served a wholesome Naturopathy meal during the program.

**(x) Naturopathic Diet Centre:** A Naturopathic Diet Centre is being managed on self sustainable basis in the premises of NIN from the year 2006. Healthy Breakfast, Lunch, Dinner, Juices, Fruit and Vegetable Salads are provided in the centre at reasonable rates.

**(xi) Sanatorium for HIV+ve (OPD/IPD):** NIN is managing a sanatorium for HIV+ve individuals at Panchagani, Dist. Satara, Maharashtra.

**(xii) Publication of Rare Text Books on Naturopathy:** The Institute re-published 'Rational Hydrotherapy', a rare text book by Dr. J. H. Kellogg (USA) and made available for sale.

**(xiii) Naturopathy Diet and Recipe Book –A** Cookery book published by the Institute containing more than 200 delicious recipes of Juices, Soups, Hot Beverages, Salads, Chutneys, Oven Dishes, Naturopathic Deserts, etc.

**(xiv) Yoga Hand Book:** Published a Hand Book on Basic Yoga for Beginners.

**(xv) Video Films:** NIN has prepared a VCD on Naturopathy treatment modalities, various diseases and activities of the Institute and being sold through the Health Shop.

**(xvii) Research Desk at NIN:**

NIN's research desk is actively involved in in-house research activities individually and also in collaboration with other institutes. 24 research Papers (on HIV, Hydrotherapy, Musculoskeletal Disorders & Attention Deficit Hyperactive Disorders, Naturopathic Medicine in India, Fasting, Inflammation, Yoga, Heal pain, Mud therapy, Blood pressure, Fasting and Diabetes) of NIN have been published in various National and International Indexed Journals.

**(xxi) Acupressure Clinic:** Free Acupressure Treatment is given to the patients on Tuesday and Friday between 2 to 5 p.m.

**(xviii) Medi Gym.:** As part of its treatment facility for the patients especially with neuro-muscular problems and arthritis a Medi Gym is being maintained at the Institute. It is also attracting large number of youngsters and the membership has grown beyond 100 per month/ during the reported year.

**(xix) Acupuncture Section:** NIN has an acupuncture unit where the treatment is available at the rate of Rs.300 and Rs.70/- for weekly and daily sitting respectively.

**(xx) Pathology Lab:** NIN has a state of art pathology lab equipped with fully automated analyzers for all the routine tests and special tests like HIV test, CD4 count, Tridot, Spirometry etc. at very nominal rates for the public.

#### **4. POSTAL ADDRESS OF THE MAIN OFFICE OF THE INSTITUTE**

NATIONAL INSTITUTE OF NATUROPATHY,  
(Ministry of AYUSH, Govt. of India)  
Bapu Bhavan, Matoshree Ramabai Ambedkar Road (Tadiwala Road), Pune – 411 001

#### **5. GRIEVANCES REDRESSAL MECHANISM**

Vigilance and Public Grievance officer in the NATIONAL INSTITUTE OF NATUROPATHY works under the overall supervision of the Director NATIONAL INSTITUTE OF NATUROPATHY, for receiving complaints/suggestions from the public/individuals/users and clients. Administrative Officer is the Vigilance & Public Grievance officer.

#### **Manual 2 Powers and duties of officers and employees {Section 4(1) (b)(ii)}**

The administrative set up of the Institute is headed by the Director of NATIONAL INSTITUTE OF NATUROPATHY, who is assisted by Administrative officer & Publication officer in day to day work.

Administrative officer welcomes communication from members of the public and staff aggrieved by any action on the part of any staff of the NATIONAL INSTITUTE OF NATUROPATHY.

The work relating to Accounts and administration is under the charge of Administrative officer

## Manual 3

### Procedure followed in decision-making process {Section 4(1)(b)(iii)}

In accordance with the Memorandum of Association, Bylaws, the Office Procedure has been followed.

The levels of final disposal in respect of different categories of cases dealt within the Institute / Ministry of AYUSH,

## Manual 4

### The norms set by it for the discharge of its functions

(in pursuance of Section 4(1)(b)(iv) of the Right to information Act, 2005)

Under the said Act, the following officials are looking after the functions:

**1<sup>st</sup> Appellate Authority: Shir. Mandar Deshpande**, Administrative Officer.

**Public Information Officer:** Shri S. D. Diwane, DPA.

**Asst. Public Information Officer:** Mrs. S. M. Darekar, LDC.

## **Manual 5**

### **Rules, Regulations, Instructions, manuals and records for discharging Functions {Section 4 (1) (b) (v)}**

1. Central Secretariat Manual of Office Procedure
2. Fundamental Rules & Secondary Rules, (FR&SR)
3. Central Civil Services (Classification, Control and Appeal) Rules, 1965
4. Central Civil Services Conduct Rules, 1964
5. General Financial Rules (GFR)
6. Delegation of Financial Rules (DFR)
7. Central Civil Services (Pension Rules), 1972
8. Central Services (Medical Attendance) Rules, 1944
9. Central Civil Services Leave Rules
10. Central Civil Services Leave Travel Concession Rules
11. Central Vigilance Commission (CVC) Manual
12. The Code of Procedure of Selection of National Youth Awardees
13. National Sports Policy, 2001
14. National Youth Policy, 2003
15. Delegation of Financial Powers Rules, 1978.
16. Memorandum of Association – NIN
17. Bylaws of NIN
18. Decisions of Standing Finance Committee of NIN
19. Decisions of Governing body of NIN
20. Government orders issued from time to time.

**Manual 6**

**A statement of documents that are held by it for under its control  
{Section 4(1)(b)(vi)}**

Not Applicable

## **Manual 7**

**(Particulars of any arrangement that exists for consideration with or representation by the public in relation to the formulation of its policy of implementation)**

**{Section 4(1)(b)(vii)}**

Complaints / Suggestions Boxes for receiving feedback from the Public is available. Hereafter the services of A.P.I.O & P.I.O. will also be made available to the public.

## **Manual 8**

### **A statement of boards, council, committees and other bodies constituted {Section 4(1) (b)(viii)}**

1. Standing Finance Committee (SFC)
2. Governing body (GB)
3. Editorial board of monthly magazine 'Nisargopachar Varta'.
4. Clinical Committee
5. Building Committee
6. Internal Compliance Committee (ICC)

Meetings of Committees / Board are not open to the public. However, requests for information under the Right to Information Act, 2005 relating to the minutes of these Committees / Board will be considered as per law.



## Manual 9

### Directory of Officers and employees {Section 4(1)(b)(ix)}

Sr. No.	Post	Name of the Employee
1.	DIRECTOR	Prof. Dr. K. Satya Lakshmi.
2.	ADMINISTRATIVE OFFICER	Mr. Mandar Deshpande.
3.	NATURE CURE PHYSICIAN	Dr. D. Sathyanath.
4.	NATURE CURE PHYSICIAN	Dr. Yuvaraj Paul.
5.	PUBLICATION OFFICER	Mr. Saurabh Sakalle.
6.	ACCOUNTANT (Contract)	Mr. Gajendra Nandanware
7.	DATA PROCESSING ASST.	Mr. S. D. Diwane.
8.	UPPER DIVISIONAL CLERK	Mrs. M. L. Arawakar.
9.	UPPER DIVISIONAL CLERK	Mrs. S. M. Darekar.
10.	LOWER DIVISIONAL CLERK	Mr. M. S. Mane.
11.	LOWER DIVISIONAL CLERK	Mr. S. K. Gund.
12.	LOWER DIVISIONAL CLERK	Mr. Tejas Kholam.
13.	DRIVER	Mr. S. S. Hivarkar.
14.	DRIVER	Mr. N. V. Tumkar.
15.	MULTI TASKING STAFF	Mr. R.Y. Shaikh.
16.	MULTI TASKING STAFF	Mr. S. R. Patil.
17.	MULTI TASKING STAFF	Mr. Iqbal Sayyad.
18.	MULTI TASKING STAFF	Mr. K. S. Jadhav.
19.	MULTI TASKING STAFF	Mr. Swapnil Shelke

**Manual 10**

**The monthly remuneration received by each of the officers and employees,  
including the system of compensation as provided in the regulations [Section  
4(1)(b)(x)]**

Sr. No.	Post	Pay Scale as per 6 <sup>th</sup> CPC (Pre-revised)	Pay Scale as per 7 <sup>TH</sup> CPC Matrix Level
1.	Director	37400-67000.GR.PAY:8700	7TH CPC MATRIX LEVEL 13.
2.	Administrative Officer	9300-34800.GR.PAY:4600	7TH CPC MATRIX LEVEL 7
3.	Nature Cure Physician	9300-34800.GR.PAY:4600	7TH CPC MATRIX LEVEL 7.
4.	Nature Cure Physician	9300-34800.GR.PAY:4600	7TH CPC MATRIX LEVEL 7.
5.	Publication Officer	9300-34800.GR.PAY:4600	7TH CPC MATRIX LEVEL 7.
6.	Accountant	9300-34800.GR.PAY:4600	7TH CPC MATRIX LEVEL 7.
7.	Data Processing Asst.	9300-34800.GR.PAY:4600	7TH CPC MATRIX LEVEL 7.
8.	Upper Divisional Clerk	9300-34800.GR.PAY:4200	7TH CPC MATRIX LEVEL 6.
9.	Upper Divisional Clerk	9300-34800.GR.PAY:4200	7TH CPC MATRIX LEVEL 6.
10.	Lower Divisional Clerk	5200-20200.GR.PAY:2400	7TH CPC MATRIX LEVEL 5
11.	Lower Divisional Clerk	5200-20200.GR.PAY:2400	7TH CPC MATRIX LEVEL 4
12.	Lower Divisional Clerk	5200-20200.GR.PAY:2400	7TH CPC MATRIX LEVEL 4
13.	Lower Divisional Clerk	5200-20200.GR.PAY:1900	7TH CPC MATRIX LEVEL 2
14.	Driver	5200-20200.GR.PAY:2800	7TH CPC MATRIX LEVEL 5
15.	Driver	5200-20200.GR.PAY:2800	7TH CPC MATRIX LEVEL 5
16.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 3
17.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 3
18.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 3
19.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 3
20.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 3
21.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 3
22.	MTS	5200-20200.GR.PAY:2000	7TH CPC MATRIX LEVEL 1

**National Institute of Naturopathy, Pune  
(Ministry of Ayush, Govt. of India)**

**List of Regular Employees working with NIN.**

Sr. No.	Name	Designation	Email ID	Contact No.
1.	Prof. (Dr.) K. Satya Lakshmi.	DIRECTOR	<a href="mailto:satyamaup@gmail.com">satyamaup@gmail.com</a>	9423013010
2.	Mr. A.K. Mishra	ADMIN. CONSULTANT (Contract)	<a href="mailto:go2764x@gmail.com">go2764x@gmail.com</a>	9422524188
3.	Mr. Mandar Deshpande.	ADMINISTRATIVE OFFICER	<a href="mailto:mandar_311@yahoo.com">mandar_311@yahoo.com</a>	9764044465
4.	Mr. Gajendra Nandanware	ACCOUNTANT (Contract)	<a href="mailto:gajendraccts@gmail.com">gajendraccts@gmail.com</a>	9860303044
5.	Dr. D. Sathyanath.	Senior Medical Officer (SMO)	<a href="mailto:d.sathyanath@gov.in">d.sathyanath@gov.in</a>	9271286383
6.	Dr. P.Yuvaraj Paul.	Senior Medical Officer (SMO)	<a href="mailto:yuvaraj.paul@gov.in">yuvaraj.paul@gov.in</a>	9444730430
7.	Mr. Saurabh Sakalle.	PUBLICATION OFFICER	<a href="mailto:managingeditornv@gmail.com">managingeditornv@gmail.com</a>	7066812404
8	Mr. S. D. Diwane.	DATA PROCESSING ASST.	<a href="mailto:dpa-ninp@gov.in">dpa-ninp@gov.in</a>	9822502722
9	Mrs. M. L. Arawakar.	UPPER DIVISIONAL CLERK	<a href="mailto:mrunaliniarawkar@yahoo.co.in">mrunaliniarawkar@yahoo.co.in</a>	9552885305
10	Mrs. S. M. Darekar.	UPPER DIVISIONAL CLERK	<a href="mailto:suvarnadarekar@gmail.com">suvarnadarekar@gmail.com</a>	9011528940
11	Mr. M. S. Mane.	LOWER DIVISIONAL CLERK		9890950706
12	Mr. S. K. Gund.	LOWER DIVISIONAL CLERK	<a href="mailto:sanjeevgund2@gmail.com">sanjeevgund2@gmail.com</a>	9765654878
13	Mr. Tejas Kholam.	LOWER DIVISIONAL CLERK	<a href="mailto:tejas636@gmail.com">tejas636@gmail.com</a>	9850960053
14	Mr. S. S. Hivarkar.	DRIVER		7757968442
15	Mr. N. V. Tumkar.	DRIVER		9850510825
16	Mr. R.Y. Shaikh.	MULTI TASKING STAFF		9822798357
17	Mr. S. R. Patil.	MULTI TASKING STAFF		9404383209
18	Mr. Iqbal Sayyad.	MULTI TASKING STAFF		9168157866
19	Mr. K. S. Jadhav.	MULTI TASKING STAFF		8975764505
20	Mr. Swapnil Shelke	MULTI TASKING STAFF		8767551512

**National Institute of Naturopathy, Pune  
(Ministry of Ayush, Govt. of India)**

**List of Contract Employees working on Contract with NIN through Out Sourcing agency.**

***NIN Doctors:***

<b>Sr. No</b>	<b>Name</b>	<b>Designation</b>	<b>Contact No</b>
1	Dr. Jyoti Kumbhar	Medical Officer	9673117283
2	Dr. Santoshi Chourage	Medical Officer	9011352070
3	Dr. Seema Bhawan	Medical Officer	9595033730
4	Dr. Amal Roshan	Medical Officer	7972224200
5	Dr. Ashwini	Medical Officer	9175424268 / 7447376029
6	Dr. Ajinkya Pawar	Medical Officer	9423141500 / 9766139722
7	Dr. Pranav Khawale	Medical Officer	9545311399
8	Dr. Praveen C	Medical Officer	9657733760
9	Dr. Paresh Wadekar	Medical Officer	9075806402
10	Dr. Parag Wadekar	Medical Officer	9075847401 / 9075177144
11	Dr. Kajal Gupta	Medical Officer	8755635808
12	Dr. Shrikant Muralidharan	Research Officer	8308008831
13	Dr. Naina Athalye	Gandhian Fellowship Coordinator	9892233736
14	Dr. Shivangi Pandey	Medical Officer	8953448024
15	Dr. Divya Panwar Tribal Unit	Medical Officer	9753232343
16	Dr. Prakhar Saxena	Medical Officer	9548222236
17	Dr. S. Madankumar	Domain Expert – Yoga	8667663800
18	Dr. M. Kalpanadevi	Domain Expert – Acupuncture	8668048524
19	Dr. Deepak (NRB)	Domain Expert - Naturopathy	7259627538
20	Dr. Marshelline	Medical Officer	9340571586
21	Dr. Rhutika Jiraffe	Medical Officer	7738274643
22	Dr. Tazmani	Medical officer	9916401749

***NIN Staff Numbers***

<b>Sr No</b>	<b>Name</b>	<b>Designation</b>	<b>Numbers</b>
01	Mr. Vijay Kamble	Office Assistant	9595122786
02	Mrs. Ashwini Naik	Office Assistant	9923235686
03	Mrs. Afiya Shaikh	PA to Director	9850887086
04	Mrs. Anita Nayak	Office Assistant	9096451735
05	Mr. Ravindra Sanyal	Office Assistant	8275625377
06	Mr. Prafull Kokane	Office Assistant	8626026461 / 8378839766
07	Mr. Dinesh Waghchoure	Office Assistant	9325339913
08	Mr. Milind Kulkarni	Consultant (Civil)	9422500577
09	Mrs. Jyoti Nagwekar	Lab Technician	9923728908
10	Mr. Akshay Diwane	Office Assistant	9766415850
11	Mr. Rohit Gaikwad	MTS	9623807717
12	Mr. Prashant Mahadik	MTS	8007986729
13	Mr. Bhagwant Shinde	Publication Assistant	9860609559
14.	Mr. Namdev	Electrician	9766459502
15	Mrs. Vaishali Jadhav	Office Assistant	952705339
16	Mrs. Elizabeth Joy	Office Assistant	9822628342
17	Mr. G. Sathiadevan Nair	Store Incharge	8208778783
18	Mr. Sandeep Jategaonkar	Driver	8459430461
19	Mr. Ajay	Electrician	9922581530
20	Mr. Aditya Kadam	Plumber	8237932997
21	Mr. Amit	Oil Extraction	8237318036
22	Mr. Acharya Kishore	Public Relation Officer	7588680989
23	Mr. Anand Kumar Mishra	IT Consultant	9140560517
24	Ms. Nisha Kumari	IT Consultant	9730661736
25	Sandeep Mhaske	Office Assistant	9960818574
26	Prashant Mahadik	MTS	8007986729
27	Rajendra Eshi	Floor Manager	8275349744
28	Sandeep Kharat	Librarian	7517833804

the particulars of all plans proposed expenditures and reports on disbursement made:

**Manual 11**  
**The budget allotted to each agency {Section 4(1) (b)(xi)}**

**TARGETS & ACHIEVEMENTS FOR THE YEAR 2019-20**

SR.	PARTICULARS	Targets	Physical achievement	Financial Targets (Rupees in lakhs)	FINANCIAL ACHIEVEMENT (Rupees in lakhs)
		<b>2019-20</b>			
<b>1</b>	<b>MASS EDUCATION</b>				
i)	Women Component Programme	<b>03 Progs.</b>	<b>03</b>	<b>01.00</b>	<b>0.14</b>
ii)	Arogya & Other Exhibition	<b>06 Exhibitions</b>	<b>06</b>	<b>02.00</b>	<b>4.42</b>
iii)	Monthly Workshop/Naturopathy Camps	<b>12 Workshops</b>	<b>27</b>	<b>2.00</b>	<b>2.55</b>
	Regional Language Workshop	<b>06 Nos. Workshops</b>	<b>02</b>		
	Outreach Workshops/Lectures	<b>60 Workshops</b>	<b>67</b>		
iv)	Food fairs by NIN	<b>02 Nos.</b>	<b>--</b>	<b>0</b>	<b>0</b>
v)	Cookery Classes	<b>01 No</b>	<b>01</b>	<b>0</b>	<b>0</b>
	Other Seminars directly by NIN	<b>10 Nos.</b>	<b>19</b>		
vi)	Publication of Books & Magazine	<b>12 Issues</b>	<b>12</b>	<b>13.00</b>	<b>13.70</b>
vii)	Pathology Lab	<b>No target fixed</b>		<b>1.00</b>	<b>1.27</b>
viii)	Naturopathy Diet Centre	<b>No target fixed</b>		<b>On Self Sustaining basis</b>	
ix)	Health Shop	<b>No target fixed</b>			
x)	Acupressure Clinic	<b>No target fixed</b>		<b>0</b>	<b>0</b>
xi)	Library facility	<b>No target fixed</b>	<b>--</b>	<b>0</b>	<b>0</b>
<b>2.</b>	<b>MEDICARE FACILITY</b>				

i)	O.P.D. Clinic /Outdoor OPD/R. Massage/Medi-Gym	<b>62000 Patients</b>	<b>60488</b>	<b>20.00</b>	<b>30.89</b>
ii)	Sanatorium for HIV+ve patients	<b>No target fixed</b>	<b>38 patients</b>	<b>3.00</b>	<b>4.92</b>
<b>3.</b>	<b>TRAINING &amp; RESEARCH</b>				
i)	1 Year Treatment Attendent Training Course	<b>80 Students</b>	<b>80</b>	<b>35.00</b>	<b>40.97</b>
ii)	BNYS Internship Programme	<b>144 Internees</b>	<b>144</b>	<b>5.00</b>	<b>10.33</b>
iii)	Yoga Classes/International Yoga Day Prog.	<b>2520 Classes</b>	<b>2520</b>	<b>1.00</b>	<b>1.66</b>
iv)	CME, OTP Programmes	<b>3 Progs.</b>	<b>--</b>	<b>1.00</b>	<b>0.72</b>
v)	Research in Naturopathy	<b>No target fixed</b>	<b>--</b>	<b>0</b>	<b>0</b>
vi)	Gandhian Studies/Fellowship Prog.	3 Prog. (28 students)	<b>--</b>	<b>10.00</b>	<b>20.52</b>
vii)	Swacchata Action Plan	<b>No target fixed</b>	<b>--</b>	<b>36.00</b>	<b>36.00</b>
4.	Creation of capital assets For Nisarga Gram Project	<b>No target fixed</b>			
	i) Opening unspent			<b>500.00</b>	<b>1314.00</b>
	ii) Grant received				
	iii) Assets purchase			<b>0</b>	<b>13.00</b>
5.	Salaries			<b>455.00</b>	<b>571.68</b>
6.	Establishment expenses			<b>70.00</b>	<b>81.72</b>
			<b>Total →</b>	<b>1155.00</b>	<b>2148.49</b>

## **Manual 12**

### **The manner of execution of subsidy program {Section 4(1) (b) (xii)}**

## **Manual 13**

### **Particulars of recipients of concessions, permits or authorizations granted {Section 4(1) (b) (xiii)}**

People below Poverty line are given free Naturopathy Treatments.

## **Manual 14**

### **Information available on electronic form {Section 4(1) (b) (xiv)}**

- Organizational detail
- Major decisions and initiatives taken
- Tender notices
- Events and activities
- Issues of 'Nisargopachar Varta" magazine
- List of officials

## **Manual 15**

### **Particulars of facilities available to citizens for obtaining information {Section 4(1) (b)(xv)} Facilities available for obtaining information**



## **FACILITATION CUM RECEPTION CENTRE**

It is located at Out Patient clinic of the Institute, Matoshree Ramabai Ambedkar Road (Tadiwala Road), Pune – 411001 for seeking information relating to the NIN.

### **LIBRARY**

The Institute has a library open for public, where publication of interest on subjects like Naturopathy, yoga, color therapy, magneto therapy, Acupressure, physical education, Books on Mahatma Gandhi & Vivekananda, literature, law, rules, etc., are preserved for reference & for issuing to the public for their better health. At present, the library has about 10000 publications including Hindi books. There are also a large number of other publications of importance, like national & international magazines, Annual and other Reports of various Ministries/Departments / Institutes, audio and video cassettes, cds and photographs, etc.

### **WEBSITE**

Website <https://ninpune.ayush.gov.in> can be assessed for details regarding all the schemes/programs of NIN.

## **Manual 16**

### **Name and designation and other particulars of Public Information Officers {Section 4(1) (b) (xvi)}**

**1<sup>st</sup> Appellate Authority:** Shri Mandar Deshpande, Administrative Officer.

**Public Information Officer:** Shri S. D. Diwane, DPA.

**Asst. Public Information Officer:** Mrs. S. M. Darekar, LDC.

### **Address**

**NATIONAL INSTITUTE OF NATUROPATHY,  
(Govt. of India, Ministry of AYUSH)**

**Bapu Bhavan, Matoshree Ramabai Ambedkar Road (Tadiwala Road),**

**Pune – 411 001.**

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